

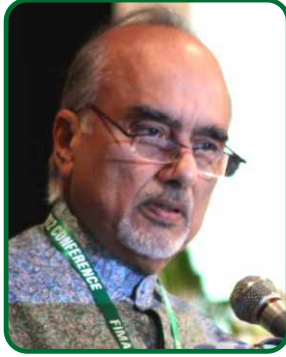


نشرة الاتحاد العالمي للجمعيات الطبية الاسلامية

e-newsletter of Federation of Islamic Medical Associations

Volume 7, Issue July 2013

MESSAGE FROM THE PRESIDENT



Ramadhan Kareem to all of you. Fasting in Ramadan develops in a person the real spirit of social belonging, of unity and brotherhood, and of equality before Allah SWT. This spirit is the natural product of the fact that when people fast they feel that they are joining the whole Muslim Ummah in observing the same duty, in the same manner, at the same time, for the same motives, and for the same end. Fasting is an institution for the improvement of moral and spiritual character of human being. The purpose of the fast is to help develop self-restraint, self-purification, God-consciousness, compassion, the spirit of caring and sharing, the love of humanity and the love of Allah SWT. Fasting trains us in patience, unselfishness, and gratitude. When we fast we feel the pains of deprivation and hunger, and learn how to endure it patiently. The meaning of this powerful experience in a social and humanitarian context is that

Continued on Page 12

President Abdullah Gül received the Chairman of the Turkey branch of DWW (Worldwide Doctors), Prof. Dr. M. İhsan Karaman and his accompanying delegation at the Çankaya Presidential Palace.

Expressing his happiness to have seen the aid that the Turkish people had made, President Gül declared that this indicated how generous they were. "That the Turks protect people everywhere without segregating them," said the President. He later vowed that he would do whatever necessary to help the DWW to carry out their voluntary work in the whole world.

Prof. Dr. Karaman informed the President that they have organizations in 24 different countries that have examined 2 million people so far. He further briefed the President that they had performed

surgical operations on 2000 patients half of whom suffered from cataracts and that 150,000 people had been circumcised by the Turkish branch of DWW.

Established in April 2000, Doctors Worldwide (DWW) aims to provide medical relief and aid to people who are in need without any access or means to basic medical care regardless of their race, religion, ethnicity or nationality. In 2004 Doctors Worldwide-Turkey

branch was established in Istanbul. DWW consists of nearly 1300 voluntary health staff 300 of whom are from Turkey.



Editor in Chief Dr. Parvaiz Malik, President, FIMA - **Editor** Dr. Tanveer Zubairi, Secretary, FIMA
Managing Editor Dr. Aly Mishal Executive Director, FIMA, **Assistant Editor** Sajjad Saleem

PIMA Quit-Smoking Drive During Ramadhan 2013

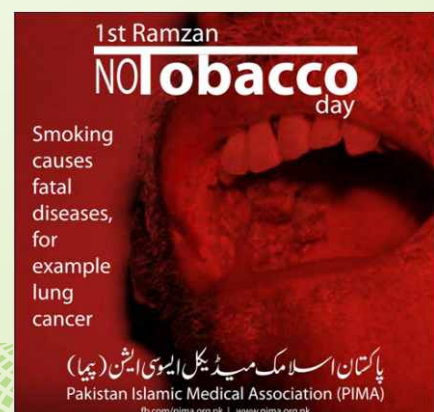
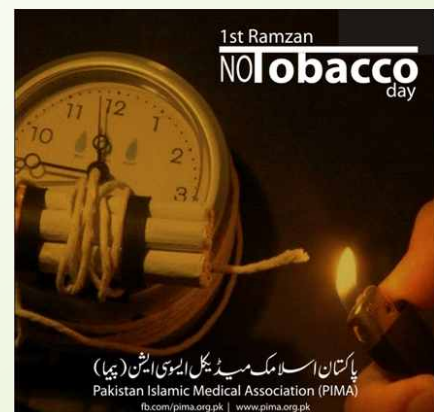
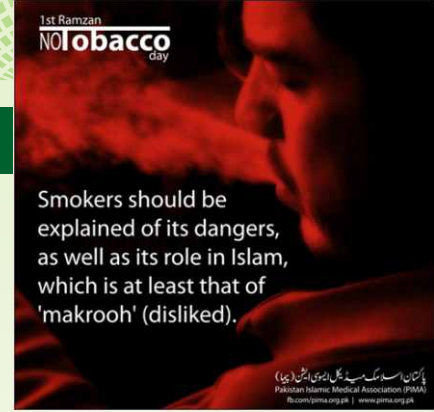
Smoker needs commitment and courage to abandon a bad habit

Pakistan Islamic Medical Association (PIMA) during this Ramadhan launched its National Quit Smoking Day and campaign with the motive to sensitize people, particularly smokers about their responsibility towards protection of their health as well as those around them. PIMA President Dr Misbahul Aziz on the occasion said a smoker needs commitment and courage to abandon a bad habit while the holy month of Ramadhan provides best opportunity to gain control over ones' self, which is one of the objective of fasting.

Prof. Javaid A Khan a senior chest physician and coordinator for NATC-Pakistan, said concerted efforts are required at every level for the betterment of public health.

He mentioned that tobacco consumption, particularly smoking, is the single most common factor responsible for 50% chest infection induced deaths in the country. The expert also urged the government to ensure proper implementation of laws adopted by the parliamentarians to protect people against active as well as passive impact of smoking and tobacco consumption.

Meanwhile, PIMA has made elaborate arrangements to hold public awareness seminars and lectures at hospitals throughout the country with health professionals, medical associations and clerics to share the importance of the occasion with the masses. Religious scholars have already announced their support for PIMA's No Tobacco Day.



Dr. Sohail Akhtar, Secretary PIMA addressing a gathering of doctors who gathered to commemorate no-smoking day in Karachi.



BIMA (British Islamic Medical Association) formally founded and launched

Britain is a home to thousands of Muslim doctors from all over the world. There was a need to organize them under the umbrella of a representative body. Alhamdulillah BIMA (British Islamic Medical Association) has been founded. At the inaugural meeting held on Saturday, 22nd June 2013 at Markfield Conference Center, The Islamic Foundation, Leicestershire. The report of steering group was presented by Dr. Hammad Lodhi, the convener. It was followed by

formal ratification of the BIMA constitution by the 22 participants, which thereby founded BIMA as a formal organization. The following 11 people were elected for the office of BIMA Council:

Dr Hammad Lodhi **President** (GP, Nottingham)

Dr Yusuf Ghumra (CT2 Anaesthetics, Nottingham) General Secretary.

Dr Salman Waqar (FY1, Birmingham) Head of Finance.

Dr Maged Agour (Consultant Psychiatrist, Birmingham)

Dr Faizan Ahmed (GP, Manchester)

Dr Zubair Ahmed (Consultant Respiratory Physician, Birmingham)

Mr Sharif Al-Ghazal (Consultant Plastic Surgeon, Bradford)

Dr Sabeeta Farooqi (FY2, Leeds)

Dr Hafsa Qureshi (FY2, Nottingham)

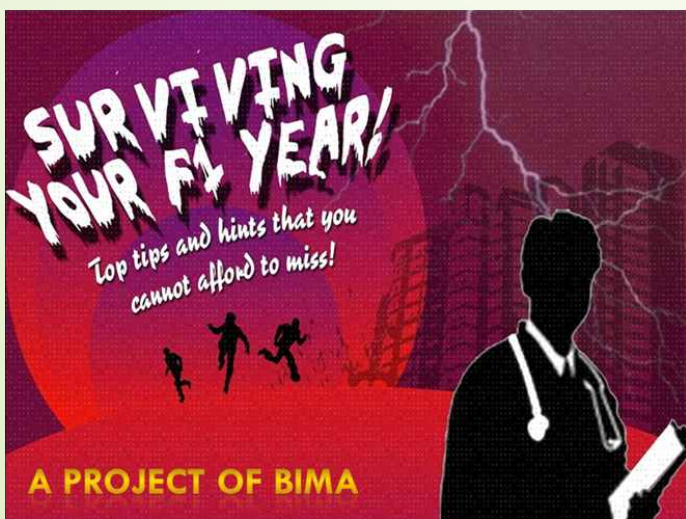
Mr Basharat Sahi (Consultant Urologist, Aberystwyth, Wales)

Dr Athar Siddiqui (Consultant Anaesthetist, Manchester)



BIMA has launched its website www.british-ima.org which will

be updated to and developed in near future.



Afghanistan Islamic Medical Association (AIMA)

A. Community Approach:

Since its establishment, Afghanistan Islamic Medical Association has made visible efforts to help people and communities through provision

of quality health services. During this short time of its life; AIMA conduct several conferences on Medical ethics, quality of health services and other topics, conduct free camps for health service

provision to the needy and marginalized peoples especially internally displaced peoples of the country, conduct health education sessions for the communities.



Medical Camps for Internally Displaced People



Community Awareness Session

B. Hospital Establishment:

In addition; for provision of quality health services, Afghanistan Islamic Medical Association takes a pride to announce the establishment of its first Model hospital namely AL-HAYAT HOSPITAL in Kabul

Afghanistan which is hoped to be a good role model for all hospitals on national level, reflecting Islamic medical ethics. The establishments of AL-HAYAT hospital will not only become a role model in propagating and encouraging Islamic medical ethics but will also benefit patients

and community at a whole in terms of provision of quality and medical care. AL-HAYAT HOSPITAL is providing health services as evidence based medicine for more than 120 patients per day.



C. Joint efforts with other stakeholders:

AIMA is committed to continue its joint efforts with other stakeholders to provide the quality of health care

services and enhance skills of professionals. Therefore, AIMA conducted the cardiovascular disease and pulmonary disease scientific two conferences at Al-Hayat Hospital

jointly with Doctors For Afghanistan (DFA) who had visited Afghanistan from USA and Finland Community.



Scientific Conferences

D. 3rd Annual Convention and Scientific Conference "Health Care Provision; A Profession or/and Mission"

AIMA conducted a 3rd annual convention in May 2013 and most of committed members were the participants. During this event, ELECTION was carried out and the following members were selected for the new office bearers for coming 2 years;

1. Dr. Ahmad Ubaid Mujadadie: President

- 2. Dr. Mohammad Yousuf: Vice President
- 3. Dr. M.Ibrahim Qurishi: General Secretary
- 4. Dr. Sayed Abdullah: Fund Raising Coordinator
- 5. Dr. Sayed Habib Hazim: Hospitals and Health Facilities Coordinator
- 6. Dr. Hakimullah Saleh: Information and Public Awareness Coordinator
- 7. Dr. M.Homayun Ludin: Research and Educational Coordinator
- 8. Dr. M.Tahir Ghaznavi: Policy and Advocacy Coordinator
- 9. Dr. Nijatullah: Students Affairs Coordinator

- 10. Dr. Abdul Baseer Qurishi: Emergency and Social Services Coordinator
- 11. Dr. Abdul Wali Yousofzai: Relation Coordinator
- 12. Dr. Sayed Khalid Rashed: Senior Advisor

The annual convention was subsequently followed by a scientific conference under the title of "Health Care Provision; A Profession or/and Mission". During this conference, hundreds of health workers and doctors participated from Ministry of Public Health, United Nation offices, National and International





30th FIMA Council Meeting - 33rd IMASA Annual Scientific Convention Capetown-South Africa

2nd Announcement

- On behalf of the organizing committee of the 30th FIMA Council Meeting and the FIMA-IMASA Scientific Convention 2013, it gives me great pleasure to welcome you to the Mother City at the very tip of Africa. We hope that you will enjoy a successful and productive meeting while experiencing the rich traditions of this vibrant community. Please take note of the following important announcements.
- FIMA Pre-Council Exco Meeting: 19:00 on Wednesday 18 September 2013 at Best Western Cape Suites Hotel
- FIMA Council Meeting: 09:00-17:00 on Thursday 19 September and 09:00-12:00 on Friday 20 September at The Capetonian Hotel, Waterfront
- All official FIMA delegates/ representatives will be accommodated at the Best Western Cape Suites Hotel from 18-20 September 2013. Arrangements have been made for additional delegates but reservations cannot be guaranteed. Kindly make your reservations with our Secretary Tougheeda Waja at your earliest convenience (see contact details below).
- All accompanying spouses and delegates not attending Council Meeting will be entertained to breathtaking tours of the Cape Peninsula, various historical sites, the renowned Table Mountain (1 of the 7 wonders of the world) and Robben Island (where President Nelson Mandela was imprisoned for 38 years), bargain hunting but also exposed to the rich and diverse cultural heritage unique to the Cape.
- The FIMA-IMASA Scientific Convention will commence on Saturday 21 September until the conclusion of the closing ceremony on Sunday evening 22 September. The convention will address the theme “*Quality in Healthcare in the 21st Century*” and has attracted a selection of leading experts in their respective fields. The convention is filled with a multitude of workshops and academic presentations exploring cutting-edge research and developments while remaining clinically relevant. See attached *programme* for more details.
- The convention is followed by a relaxing day of tours on Monday 23 September for those who were too occupied in the various programmes to participate in any of the earlier tours. We hope that this event lives up to all your expectations and beyond!
- The day-tours may include some of the following attractions:

 - V&A Waterfront
 - 2 Oceans Aquarium
 - The Clock Tower
 - Robben Island
 - Guided tour of the prison by fellow inmate of ex-President Nelson Mandela
 - Table Mountain Cableway
 - City tour incl slave route, District Six Museum and historic Bo-Kaap
 - Gardens, St. Georges Cathedral and SA Cultural History Museum
 - The Castle of the Cape of Good Hope
 - Hout Bay incl Mariners Wharf, Bird Sanctuary
 - Kirstenbosch Botanical Gardens
 - Loads of shopping!

Accommodation

1. All FIMA delegates will be accommodated at the Best Western Cape Suites Hotel for the duration of the FIMA Council Meeting i.e. 18-20 September 2013 (2 nights). Their rates (for accompanying spouses/unofficial delegates) are listed as follows:
 - a. Studio suites sleeping 1 (singles) @ R620.00/\$65 per night or sleeping 2 @ R790.00/\$85 per night (R390/\$45 per person/night)
 - b. 1 Bedroom suites sleeping 1 (singles) @ R710.00/\$75 per night or sleeping 2 @ R880.00/\$100 per night (R440/\$50)

- per person/night)
 - c. 2 Bedroom suites, sleeping 2 @ R1150.00/\$120 per night (R575/\$60 person/night), or sleeping 3 @ R1230.00/\$130 (R610/\$65 per person/night) or sleeping 4 @ R1310.00/\$135 per night (R330/\$35 per person/night)
 - d. Converted 2 Bedroom suites, sleeping 2 (singles) @ R1150.00/\$120 per night (R575/\$60 per person/night), or sleeping 3 @ R1230.00/\$130 (R410/\$45 per person/night) or sleeping 4 @ R1310.00/\$135 per night (R330/\$35 per person/night)(4 beds but only 1 x bathroom)
 - e. 3 Bedroom suites, sleeping 3 (single) @ R1370.00/\$142 per night (R460/\$50 per person/night), or sleeping 4 @ R1450.00/\$150 per night (R360/\$40 per person/night), or sleeping 5 @ R1530.00/\$160 per night (R310/\$35 per person/night) or sleeping 6 @ R1610.00/\$170 per night (R270/\$30 per person/night)
2. All delegates will transferred to the Convention venue, Lord Charles Hotel in Somerset West and can choose between the Lord Charles Hotel and Stellenbosch Hotel for accommodation for the duration of the conference and tours i.e. 20-24 September (3 or 4 nights)
- a. Lord Charles Hotel
 - i. Single/Double Room: R920/\$95 per room per night (accommodates 2 adults with breakfast, excludes 1% tourism levy- single: R920/person/night or double: R460/\$50 per person/night)
 - ii. Superior Room single/double @ R1110/\$115/night (R555/\$60 per person/night)
 - iii. 2 bedroom suites@ R1760/\$185/night (R440/\$45/person/night)
 - b. Stellenbosch Hotel
 - i. Petite Room single @ R420/\$45/night or double @ R570/\$60/night (\$30 per person/night)
 - ii. Classic Room single @ R580/\$60/night or double @ R720/\$75/night (\$35 per person/night)
 - iii. Cape Dutch Room single @ R580/\$60/night or double @ R720/\$75/night (\$35/person/night)

- iv. Luxury Room single @ R660/\$70/night or double @ R860/\$90/night (\$45/person/night)
- v. One bedroom apartment single @ R660/\$70/night or double @ R860/\$90/night (\$45/person/night)
- vi. Two bedroom apartment 2 @ R1400/\$145/night (\$90/person/night or 4 @ R1400/\$145/night (\$35/person/night)

At a glance...

FIMA Pre-Council Exco Meeting: 7-11pm Wednesday 18 Sept

FIMA Council Meeting: 9-6pm Thursday 19 Sept and 9-12 Friday 20 Sept

Relocation to Convention venue/FIMA Post-Council Meeting: 4pm Friday 20 Sept

FIMA-IMASA Scientific Convention: 21-22 Sept 2013.

Kindly complete the attached registration form and return to the Convention Secretary

Sightseeing tours: 23 Sept

Kindly contact any of the following to secure your booking/reservation:

Tougheeda Watson-Waja
(IMASA Convention Secretary)
Tel: +27217621414
Tel: +27217629408
Fax: +27866035097
Mobile: +27796129592
E-mail: imasa.wcape@gmail.com

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E-mail: ajedaar@iafrica.com

Col. Dr Riaz Ismail
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Mobile: +27824499200
E-mail: riazismail@worldonline.co.za

Dr Tanveer Zubairi
(FIMA Secretary)
Mobile: +92 300 8444 116
E-mail: tanveer.zubairi@gmail.com

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Oct. 4-6, 2013
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Tel: +92-51-5125162-7 Fax: +92-51-5125169
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www.icme2013.com

Email: icme2013@riphah.edu.pk

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PIMA

**Pakistan Islamic Medical
Association (PIMA) Karachi**

Cardiometabolic Seminar 2013

HEART DIABETES 09 JUNE 2013

SUNDAY 9:00AM TO 3:00PM
Najmuddin Auditorium
Jinnah Postgraduate Medical Centre Karachi.



Registration Fees: Rs. 300/= only

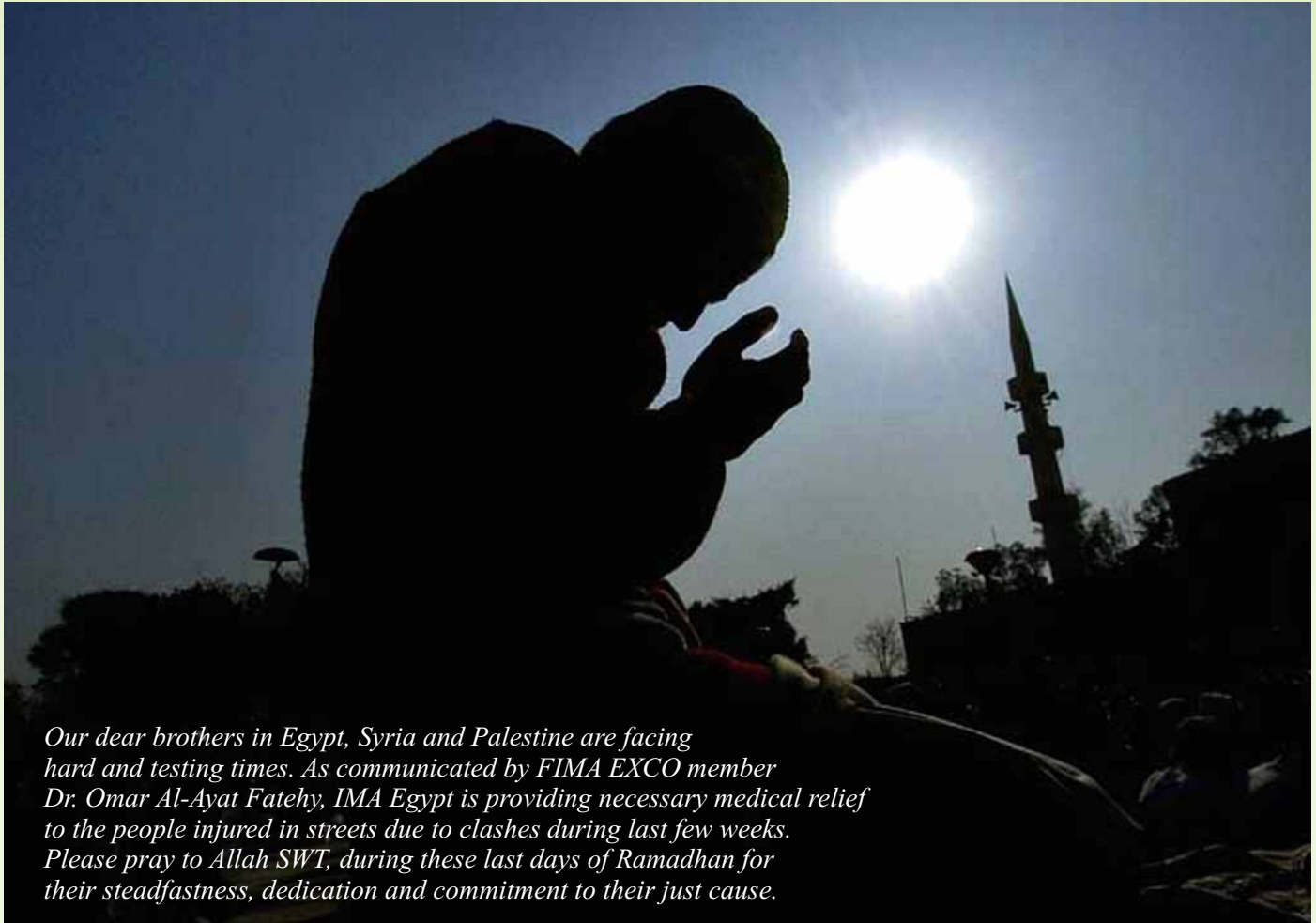
PIMA House:

201, Second Floor PECHS Community Hall, Shara e Quaiden, Karachi,
Phone: (92-21) 34534379, (10am to 5pm) Fax: (92-21) 34553891
Email: pimahouse01@yahoo.com, Web site: www.pima.org
Join us on feedback: www.facebook.com/pimakarachi

For Details & Registration:

Cell: 0334-3539010, 0324-2880510 E-mail: drysyedafimer@ve.com, docterqjam@yahoo.com





Our dear brothers in Egypt, Syria and Palestine are facing hard and testing times. As communicated by FIMA EXCO member Dr. Omar Al-Ayat Fatehy, IMA Egypt is providing necessary medical relief to the people injured in streets due to clashes during last few weeks. Please pray to Allah SWT, during these last days of Ramadhan for their steadfastness, dedication and commitment to their just cause.

REMAINING MESSAGE OF THE PRESIDENT

we are much quicker than anybody else in sympathizing with the oppressed and needy around the world, and responding to their needs. "It is the month to visit the poor, the sick, and the needy to share their sorrows. It is the month where the food, sustenance and the earnings of a believing Muslim increases and they are blessed," says the Final Prophet of Allah SWT, Muhammad (peace be upon him), a man who was known for his noble humanitarian causes, for social justice, and for being the first to respond to other's needs, despite the fact that he himself lived a very simple and humble

life. It is only during such a trying time as Ramadan that we can reflect on the condition of those in this world who may not be as fortunate as us. All of us do a lot of charity during this month and provide Zakat and Alms to those who are needy; I urge all of you to sacrifice a part of you Zakat and Sadaqat for FIMA relief in its projects like FIMA Save-Vision, Save-smile, Save-Dignity and many others especially those who facing hardships in Syria, Palestine and many other places around the world.

30th FIMA Council meeting and

IMASA Scientific meeting (18-23rd September 2013) is approaching near. I am sure all of the IMAs have made preparation for travel and initial registration and communication with the Conference and FIMA secretariat. The IMASA team of devoted and enthusiastic workers is working day and night to make this event a great success. If you have not still planned and desire to attend this historic meeting please immediately contact IMASA representative Dr. Ashraf Jedaar at ajedaar@iafrica.com for details. We look forward to see you in Cape Town.

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www.fimaweb.net

FIMA Newsletter August 2013 issue:- In next issue articles on IMANA Annual Convention, IMA Zimbabwe Activities, Update on 30th FIMA Council Meeting & FIMA - IMASA Convention 2013 will be included.